

EROTIC emERGENCE -

Tantric Workshop for Women

**Sunday
Dec 22
6:30pm**

Join conscious sexuality coaches Allison and Monique in a 2 hour workshop as we guide you through an awakening of the senses.

Learn to raise your sexual vibration and embrace your innate and powerful sensuality, through guided practices of sacral self-massage, movement, meditation, and breathwork.

Designed to uplift and embody the sacred feminine, this workshop is open to all female-identifying individuals and yoni-owners

Cost is \$30 and includes tasty treats and your own Personal Pleasure Book.



Monique Gomez
Intimacy Coach & Educator



Allison Holley
Intuitive Guide & Conscious
Sexuality Coach

Register at www.risebarrestudio.com